

Georgetown Parks and Recreation Youth Athletics
Information for Volunteer Coaches
Youth Volleyball



Directory

Program Coordinator

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Monday-Friday 5:30am-9:00pm

Saturday 9:00am-9:00pm

Sunday 12:00-6:00pm

Georgetown Parks and Recreation Mission Statement

“To create an environment that provides opportunities for positive experiences and personal growth.”

Parents, volunteer-coaches, players, referees, Parks and Recreation employees all play a role. It is important that everyone involved understands the mission statement, and contributes to a supportive, positive environment.

Youth Athletics Philosophy

All Georgetown Parks and Recreation Youth Athletic Leagues are designed for development, effort, participation, understanding of rules, and fun. Youth athletic programs will not keep official scores and standings throughout the season.

Coaching for Youth Athletic Leagues

These programs would not be possible without your help. You may have volunteered in order to spend more time with your own child, but you are now in a position to influence so many others as well. Coaching is about so much more than the skills needed to play a sport - your time and energy, knowledge, support and generosity is what the kids notice and ultimately determines whether or not they have a positive experience.

As a coach, you will never please everyone. Make it your goal to do what you do for the sake of the kids, and you will be a coach that truly makes a difference in their lives.

“They may forget what you said, but they will never forget how you made them feel.”

—Carl W. Buehner

In order to provide the safest environment for our participants and their families, all volunteer coaches are required to submit a background check. The authorization form will be provided when you register your child and at the Coaches Meeting.

We sincerely thank you for all that you do!

Expectations / Tasks

1. Recruit for the sport, not your team.

- Your own child(ren) will be placed on your team, but we do not allow coach requests by other players. This is an effort to prevent stacked teams, and also helps participants receive instruction from a variety of coaches.

2. Organize yourself.

- Get a notebook, make notes in your phone...whatever works for you. It will make you more reliable, and parents and players will appreciate it.
- If your team has two coaches, it is up to you to decide how to divide duties and responsibilities.

3. Communicate clearly and frequently

- Read the Coaches Corner homepage in Teamsideline carefully for important dates, messages you need to send, etc.
- Introductory email should include: philosophy of league, coaches' contact info, and expectations (Prior to first game).
- Send weekly emails regarding games/practices or cancellations and reminders to check TeamSideline.
- Encourage players or parents to come talk to you if they have questions.

4. Be present.

- Coaches must be able to commit to the entire season.
- Start practices/games on time.
- Focus on your team, not outside distractions.

5. Encourage, encourage, encourage.

- Use positive words – tell your players what they *should* be doing rather than what they *shouldn't*.
- Always give kids positive feedback as you push them.

6. Model respect—towards referees and officials, opponents, parents and staff.

- Win or lose, when the game ends set a good example for all the players by thanking the officials, other coaches, and opposing team for their efforts.
- Never get into a public confrontation with other coaches, the officials or the parents.
- Please contact the Onsite Supervisor or the Program Coordinator immediately if conflict arises.

7. Awards are awesome!

- All end of the season awards will be given out the second-to-last game of the season. It is important that you start distributing awards the day you receive them. If a player misses that particular week, you have the final week to ensure they receive their award.
- Many coaches use this as an opportunity to mention specific improvements or accomplishments. Receiving the award directly from their coach is an important part of the experience and can be a special moment for the athletes.

8. Snacks and Celebrations

- Feel free to ask the parents if they would like to set up a snack schedule for each week. Snack time after the game and end-of-season celebrations are great opportunities for your families to engage socially and build friendships.
- Weather permitting, please use the outdoor pavilion and courtyard for group celebrations or snack times. This will help alleviate congestion in the facility as other programs and games continue to take place. If the weather is poor or the outdoor areas are already in use, teams may be permitted to gather in the Teen/Senior Center.

Youth Volleyball Rules

UNIFORMS

- Players must wear team shirt and close-toed athletic shoes with non-marking soles.
- No earrings (new piercings must be covered), necklaces, or any other type of jewelry allowed for participants during game play.
- Knee pads are recommended but not required.

GAME PLAY

- The game will be played as six vs six, but play may begin with four players per team.
- The net height will be 7'0" for 7-9, and 7'4" for 10-12 and 13-15 age divisions.
- 7-9 age division will use a Volley Lite ball and 10-12 and 13-15 age divisions will use a regulation-size ball.

GAMES

- First two games will be played to 25 points. In case of a tie, a team must win by 2 points, point cap is 27 points.
- The third game is played to 15. In case of a tie, a team must win by 2 points, point cap is 17 points.
- Teams will switch sides for each new game.
- At the start of the third game the official will flip a coin with team captains to determine which team serves first.

TIMEOUTS

- Teams are allowed one time out per game (one minute timeout).

SERVING

- Players must wait for the official's whistle before serving.
- Only underhand or overhand serves allowed.
- The server will be restricted to 5 service points, followed by an automatic side out. Side outs for 5 consecutive serves will not award a point.
- Served balls hitting the ceiling or obstructions shall be ruled out.
- **7-9 Division:** The ball may be served underhand from anywhere behind the 10' line (front blue line). Overhand serves must be served from anywhere behind the 15' line (white line)
- **10-12 and 13-15 Divisions:** For the first 3 weeks, players may serve overhand or underhand from the 25' line (free throw black line). At the start of the 4th week and for the remainder of the season, all players must serve overhand and/or underhand from the regulation line (white boundary line).

PLAYING THE BALL

- A team shall have three hits (excluding a blocked ball) to return the ball over the net.
- When the ball touches any part of a boundary line it is considered "in".
- Players may not intentionally or unintentionally touch the net.
- Players may not step over the center line at any time during the course of play.
- Simultaneous violations by opposing players or an interruption in the game will result in a replay of the point.

ROTATIONS AND PLAYING TIME

- All non-injured girls present on the team must be a part of the lineup rotation.
- The right back player has the first serve.
- Upon gaining the serve, the team must rotate. Each player rotates clockwise. Right front will rotate off the court while a new player will take the serving position (back right).
- Once established, the rotation order must be followed for the remainder of the game.